

How to Collect a Fecal Occult Blood Guaiac Stool Collection

<b>How to prepare</b>	<ul style="list-style-type: none"> <li>• <b>Do not</b> collect sample, if you can see blood in your stool or urine (e.g. menstruating, bleeding hemorrhoids, urinary tract infection).</li> </ul>
<b>Risks or Cautions</b>	<ul style="list-style-type: none"> <li>• <b>Protect test kit</b> from heat, light and chemicals (e.g. household cleaners, iodine, ammonia, bleach).</li> </ul>
<b>Labelling the Sample</b>	<p>Label the collection container with:</p> <ul style="list-style-type: none"> <li>• Your (the patient) <b>full first and last name, date and time of collection, Provincial Health Insurance (PHN/ULI)</b>, or Government issued identification such as (Federal, Military, RCMP, Immigration, Passport #).</li> <li>• If you've been provided with a patient label, attach this label to the outside of the container.</li> </ul>
<b>Lab Requisition</b>	<ul style="list-style-type: none"> <li>• <b>Print</b> the date and time the sample was collected on your lab requisition.</li> <li>• <b>Fold</b> and place the requisition in the <b>outside</b> pocket of the biohazard bag. <b>Do not</b> put the requisition in the bag with the sample collection container.</li> </ul>

**Collecting the Sample**

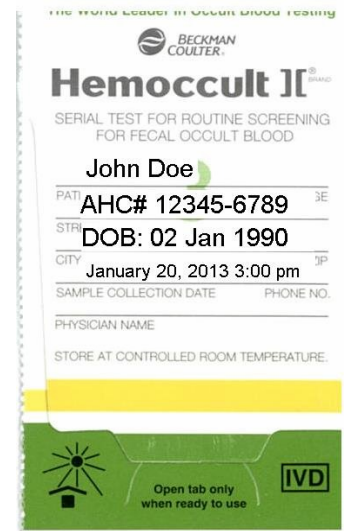
1. Write your first and last name and provincial health care number (PHN) on the card per the example  

OR

 Place the label provided by the lab on the front cover of the card.
2. Write the date and time of collection on requisition
3. Write the date and time of collection on card.
4. Lift up the tab on the front of the card (the side with the label). **Do not open the back of the card.**
  - You will see two “windows” labeled A and B.
5. To collect a stool sample:
  - a) Use a clean and dry disposable container (e.g. plastic bucket, paper plate).

OR

  - b) Place plastic wrap or newspaper underneath the toilet seat, but hanging over the water in the bowl. Do not let the water touch the stool sample.



Questions? Contact the Laboratory Information Centre at 403-770-3600 or visit MyHealth.Alberta.ca.

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6. Using one wooden stick from the test kit, take a small piece of stool (smaller than the size of a pea) and make a very thin smear of stool from edge to edge of window A.



7. Using the same wooden stick, collect another small sample from a different area of the stool. Make a very thin smear of stool from edge to edge of window B.



8. Discard the wooden stick and dispose of the remaining stool.  
9. Allow the samples to dry. Close the cover on the test card

**Sample Delivery to Lab**

**Check that:**

- Collected date and time is clearly written on the requisition.
- Collected date and time is clearly written on the card
- Card is either labeled with the label provided by the lab

OR

Card is clearly and fully labeled with:

- Full First and Last name.
- Provincial Health Care Number

- Place the card(s) into the zip locked part of the plastic bag.
- Place the requisition in the outside pouch part of the bag.
- Send the bag, with the requisition and cards to the Lab.

**Samples not labeled as indicated or those that do not have a complete requisition will NOT be tested**